



BackpackBuddy

a houston**food**bank program

Many children rely on school meals for breakfast and lunch during the week but go home to little or no meals on the weekends. The Houston Food Bank's Backpack Buddy program works to **fill the weekend gap** for chronically hungry children by providing **nutritious, child-friendly food** for children to take home over the weekend during the school year and during summer.



1 in 5 children

in Houston Food Bank's
18-county service area is food insecure



109,959 bags of food

distributed to kids through the Backpack Buddy
program in Fiscal Year '25 (July 2024 - June 2025)



1.1 million meals

provided to kids through the
Backpack Buddy program in FY25



245 unique sites

and Houston Food Bank
partners distributed bags



50% of families with children face food insecurity

Many rely on Backpack Buddy to
ensure kids eat weekends



\$108 donation

for a school year's worth of
meals over the weekend for a child

If you are interested in receiving a bag, please contact your local school for participation.