



# Food for Change Markets

You can redeem your Food Scholarship or Food Rx twice a month at any FFC Market below. You can also check out this link [houstonfoodbank.org/ffcmarketlocator](http://houstonfoodbank.org/ffcmarketlocator) to find information on all FFC Markets.

## **Bethel's Heavenly Hands:**

**12525 Fondren Rd. Suite M, Houston, TX 77035**

Hours: Monday, Thursday, Friday 8:00am – 2:00pm  
& Wednesdays 8am – 12pm

Phone: 281-271-4290

Appointment Only – Call to Schedule

## **Bridging for Tomorrow:**

**5351 W Richey Rd., Houston, TX 77066**

Hours: Wednesdays from 10:00am – 12:00pm &  
1:00pm – 4:00pm

Phone: 832-286-1657

Appointment Only – Call to Schedule

## **Catholic Charities - Jensen :**

**326 S Jensen Dr, Houston, TX 77003**

Hours: Friday 9:00am to 12:00pm

Phone: 713-351-6919

## **Community Resource Center -Houston Food Bank:**

**535 Portwall St., Houston, Texas 77029**

Hours: Monday (Curbside) 1:30pm – 5:00pm;

(Self Shopping )Tuesday, Thursday 8:30am –

11:30am & 1:30pm – 5:00pm ;

Saturday 8:30am – 11:30am and 1:30pm – 3:30pm

Phone: 832-369-9390

Appointment Only – Please bring your own bags

## **Cornerstone Family Resource Center - Premier Apartments**

**10103 Lansdale Dr, Houston , TX 77036**

Hours: 2nd & 4th Tuesday 3pm – 5pm

Phone: 281-810-3220

## **Cypress Assistance Ministries :**

**12930 Cypress North Houston Rd, Cypress, TX, 77429**

Hours : Monday , Tuesday, Wednesday 9:30am to 3:30pm & Thursday 9:30am to 2:30pm

Email :[foodforchange@cypressassistance.org](mailto:foodforchange@cypressassistance.org)

Appointment Only – Email to Schedule

## **Hearts and Hands of Baytown:**

**307 Cedar Bayou Rd., Baytown, TX 77520**

Hours: Tuesday, Wednesday, Friday 10:00am – 1:30pm;

Phone: 832-597-8908 ext.1003

Appointment Only – Call to Schedule

## **Hope For Families:**

**3015 N. MacGregor Way Houston, TX 77004**

Hours : 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month:

10:30am to 12:00pm

Email:[foodpantry@goodhope.org](mailto:foodpantry@goodhope.org)

Phone: 832-217-3333

## **Joseph House Community Outreach Center**

**7802 Jensen Drive, Houston, TX ,77093**

Hours:2nd and 4th Thursday of the month:

9:00am to 12:00pm;

Phone: 281-936-8175

Appointment Only – Call to schedule or visit

## **La Tiendita - Broadway**

**2840 Broadway, Suite 106. Houston, TX 77017**

Hours: 1st and 3<sup>d</sup> Fridays of the month: 10:00am to 12:00pm;

Phone: 713-640-3749

Appointment Only – Call or visit to schedule



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## **La Tiendita - Gulfton:**

**6400 Bissonnet St. Houston, TX 77074**

Hours: 1st and 3<sup>rd</sup> Thursdays of the month: 9:00am to 3:00pm;

Phone: 346-260-3059

Appointment Only – Call or visit to schedule

## **Trinity River Community Resource Center :**

**1768 County Rd 3558, Cleveland, TX 77327**

Hours: Wednesday and Fridays 9:30am-12pm & 2:00pm to 5:00pm

Phone: 281-369-4558

Appointment Only - Please bring your own bags

## **La Tiendita - Pasadena:**

**1062 Fairmont Parkway Pasadena, TX 77504**

Hours: 1st and 3<sup>rd</sup> Mondays of the month: 1:00pm to 3:00pm;

Phone: 832-476-9732

Appointment Only – Call or visit to schedule

Entrance located in cabin behind school.

## **West Houston Assistance Ministries:**

**10501 Meadowglen Ln., Houston, TX 77042**

Hours: 2nd and 4th Tuesdays & Thursdays of the month: 3:00pm – 5:00pm

Phone: 713-977-9942

Additional Phone: 713-502-7330

Appoitment Only - Call to Schedule



# Food for Change Markets

Puede canjear su Beca de Alimentos (Food Scholarship) o Receta de Alimentos (Food Rx) dos veces al mes en cualquier de los siguientes mercados de FFC. También puede consultar este enlace [houstonfoodbank.org/ffcmarketlocator](http://houstonfoodbank.org/ffcmarketlocator) para encontrar información sobre todos los mercados de FFC.

## **Bethel's Heavenly Hands:**

**12525 Fondren Rd. Suite M, Houston 77035**

Horario: Lunes, Jueves, Viernes 8:00am – 2:00pm y

Miércoles 8:00am – 12:00pm

Teléfono: 281-271-4290

Solo con cita — llame para programar

## **Bridging for Tomorrow:**

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Horario: Miércoles 10:00am – 12:00pm y 1:00pm

– 4:00pm

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## **Catholic Charities-Jensen:**

**326 S Jensen Drive, Houston, Texas 77003**

Horario: Viernes 9:00am - 12:00pm

Teléfono: 713-351-6919

## **Community Resource Center - Houston Food Bank:**

**535 Portwall St., Houston, Texas 77029**

Horario: Lunes (Acera) 1:30pm – 5:00pm

(En Persona) Martes y Jueves 8:30am – 11:30am

& 1:30pm – 5:00pm;

Sábado 8:30am – 11:30am & 1:30pm – 3:30pm

Teléfono: 832-369-9390

Solo con cita — Por favor traiga sus propias bolsas

## **Cornerstone Family Resource Center - Premier Apartments**

**10103 Lansdale Dr, Houston, TX 77036**

Horario: 2do y 4to Martes del mes 3:00pm -

5:00pm

Phone: 281-810-3220

## **Cypress Assistance Ministries :**

**12930 Cypress North Houston Rd, Cypress, TX, 77429**

Horario: Lunes, Martes y Miércoles 9:30am - 3:30pm y

Jueves 9:30am to 2:30pm

Correo

Electronico: [foodforchange@cypressassistance.org](mailto:foodforchange@cypressassistance.org)

Solo con cita - Por favor mandar un correo electronico para agendar

## **Hearts and Hands of Baytown:**

**307 Cedar Bayou Rd., Baytown, TX 77520**

Horario: Martes, Miércoles, Viernes 10:00am –

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Horario: 1er y 3er Sabado de el mes: 10:30am a

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Correo Electronico: [foodpantry@goodhope.org](mailto:foodpantry@goodhope.org)

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**7802 Jensen Drive, Houston, TX ,77093**

Horario: 2da y 4ta semana Jueves 9:00am to

12:00pm;

Teléfono: 281-936-8175

Solo con cita – Llamar o visitar

## **La Tiendita - Broadway:**

**2840 Broadway, Suite 106. Houston, TX 77017**

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Teléfono: 713-640-3749

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**6400 Bissonnet St. Houston, TX 77074**

Horario: 1er y 3er Jueves del mes: 9:00am to 3:00pm;

Teléfono: 346 - 260 - 3059

Solo con cita – Llamar o visitar

## La Tiendita - Pasadena:

**1062 Fairmont Parkway Pasadena, TX 77504**

Horario: 1er y 3er lunes del mes: 1:00pm to 3:00pm;

Teléfono: 832-476-9732

Solo con cita – Llamar o visitar

Entrada principal en la cabaña detras de la escuela

## Trinity River Community Resource Center :

**1768 County Rd 3558, Cleveland, TX 77327**

Horario: Miercoles y Viernes 9:30am-12pm y 2:00pm to 5:00pm;

Teléfono: 281-369-4558

Solo con cita

Por favor traiga sus propias bolsas

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Horario: 2do y 4to Martes y Jueves del mes: 3:00pm – 5:00pm

Teléfono: 713-977-9942

Teléfono Extra: 713-502-7330

Solo con cita — llame para programar