

# Houston Food Bank

In Fiscal Year 2024, Houston Food Bank provided 140 million nutritious meals to our neighbors in 18 counties through our 1,600 community partners. In collaboration with our community, we advocate for policy change and racial equity, and promote dialogue on ways to increase access to food and to improve the lives of those in our communities, including services and connections to programs that address the root causes of hunger and are aimed at helping families achieve long-term stability: nutrition education, job training, health management, and help with securing state-funded assistance.

## How A Food Bank Works



Food comes in to Houston Food Bank from various sources and is inspected, sorted, and stored in our warehouse.

Food is then distributed to our community partners. These partners include pantries, soup kitchens, schools, multi-service centers, and other hunger relief agencies.

Our partners then give out the food directly to those who need it in the community.

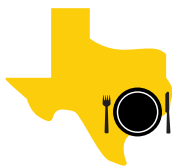
*Our mission: food for better lives. Our vision: A world that doesn't need food banks.*



## Last Year In Review:\*

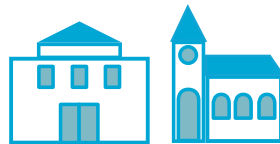
**18 Counties**

served by  
Houston Food Bank



**1,600+ Partners**

such as food pantries,  
soup kitchens, meal sites,  
and shelters.



**140 Million Meals**

of nutritious food  
made possible



**44% Fresh Produce**

out of our total output was  
distributed to partners and  
the community



**93,618**

**People**  
volunteered  
at least once



**14 Million Meals**

made possible from  
HFB's SNAP (Supplemental  
Nutrition Assistance Program)  
application assistance



**22 Million Meals**

provided to kids through  
our Backpack Buddy,  
Kids Cafe, and School  
Market programs



# PROGRAMS

In addition to distributing food from our warehouses to our partners, we provide additional programs to better support people in the community and help them achieve long-term stability and exit cycles of poverty.



## Backpack Buddy

Nutritious, kid-friendly food is provided for the weekend for at-risk children in schools grades K-12, as well as at summer meal program sites.



## Community Assistance Program

Assistance is provided to help community members apply for state-funded social and health services, including SNAP, Medicaid, Children's Medicaid and others.



## Food For Change

Food for Change Programs strategically distribute food as a catalyst to motivate clients to participate in partner social service programs with measurable outcomes, such as chronic disease management programs and certain educational courses.



## Kids Cafe

Healthy meals and snacks, cooked in our on-site Keegan Kitchen, are given out year-round on weekdays, along with nutrition and health education, to kids at after-school and summer meal sites throughout our service area.



## Nutrition Education

Free classes in nutrition, food safety, meal preparation, and budgeting are taught in collaboration with Houston Food Bank partners.



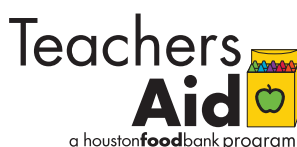
## Senior Box Program

A monthly box of food is provided to low income seniors 60 years of age or older.



## School Market

School-based markets are located on the grounds of a school to provide an easily accessible source of food assistance to students and their families.



## Teachers Aid

Rather than dip into their own incomes, as is all too often the case, teachers from low income schools can get free school supplies through the Teachers Aid program.

For more information or ways to get involved, visit: [www.houstonfoodbank.org](http://www.houstonfoodbank.org)

Our Mission: Food for better lives  
Our Vision: A world that doesn't need food banks

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This institution is an equal opportunity provider