

Impact: Fiscal Year 2023

In Houston Food Bank's 18-county service area, there are nearly **1 million food insecure individuals**, meaning they cannot afford enough food to fuel a regularly healthy lifestyle. Each year, HFB provides access to more than 150 million meals. **The impact of the Houston Food Bank extends beyond putting food on the table.** We distribute millions of pounds of nutritious food to the community with the goal of not only providing nourishment but also reducing the hardship in making difficult financial choices such as deciding between paying for medicine or paying for groceries. Houston Food Bank also provides programs and services aimed at helping families achieve long-term stability including nutrition education, job training, health management, and help with securing state-funded assistance. In collaboration with the community, we advocate for policy change to increase access to food and further improve the lives of those we serve. ***With your help, we are providing food for better lives.***

FY 2023 Achievements with Your Help:



120 million nutritious **meals** made possible.



1,600+ community partners worked with the food bank to provide food and services to people throughout our 18-county service area



5 million meals provided to kids through our Backpack Buddy, Kids Cafe, and School Market programs



52 million pounds of fresh **produce** provided



18.3 million SNAP meals accessed through HFB's SNAP (Supplemental Nutrition Assistance Program) application assistance



80 nutrition education classes taught



14,042 teachers received school supplies through Teachers Aid program



476,880 hours of **volunteer time**, equivalent to **229** full-time **employees**



82,510 individual **people volunteered**

This institution is an equal opportunity provider

