

Community Assistance Program

Houston Food Bank's Community Assistance Program (CAP) provides application assistance for SNAP (Supplemental Nutrition Assistance Program) and other social, health, and personal services.

How We Help

CAP's certified Community Resource Navigators help community members apply for benefits like SNAP, Medicaid, TANF (Temporary Assistance for Needy Families), and CHIP (Children's Health Insurance Program) and can submit those applications electronically to the state.

CAP also offers the Referral Partner Program to continue helping people with additional resources outside of state benefits through a Community Referral Specialist. If someone opts-in to this program, throughout the next year, the Referral Specialist will recommend and refer them to various programs and partners within our community to help them achieve long-term stability.

Services are available in English and Spanish, and may be provided in other languages via state interpretation services as needed.

Application Assistance:
SNAP/Medicaid/TANF/CHIP

Referrals:
A food pantry near you
Medical prescription assistance
Utility assistance
Cell phone assistance
Rental assistance

Call 832-369-9390

For over the phone assistance or to schedule an in-person appointment at one of our main locations:

Houston Food Bank East Branch

535 Portwall St., Houston, TX 77029

Houston Food Bank North Branch

146 Knobcrest Dr., Houston, TX 77060

visit www.houstonfoodbank.org/cap for appointment hours of operation



17,389 SNAP applications

submitted with the help of CAP in Fiscal Year '23 (July 2022 - June 2023)



1,053 meals

made possible from 1 SNAP application

Visit YourTexasBenefits.com to

- Apply for benefits
- Find support services
- Check the status of your case
- Renew your benefits

**Your
Texas
Benefits
.com**

For more information, visit:

www.houstonfoodbank.org/cap


houstonfoodbank

This institution is an equal opportunity provider.

*Our Mission: Food for better lives
Our Vision: A world that doesn't need food banks*

A gift of \$10 provides access to 30 meals for someone in the community.