

Houston Food Bank

Each year, HFB provides access to more than 120 million nutritious meals in 18 counties through our 1,600 community partners, and in FY23 we made 123 million meals possible. In collaboration with our community, we advocate for policy change and racial equity, and promote dialogue on ways to increase access to food and to improve the lives of those in our communities, including services and connections to programs that address the root causes of hunger and are aimed at helping families achieve long-term stability: nutrition education, job training, health management, and help with securing state-funded assistance.

How A Food Bank Works



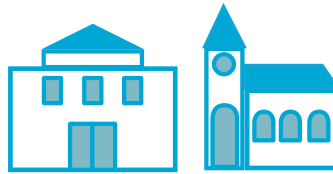
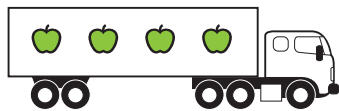
houston 
foodbank

Food comes in to Houston Food Bank from various sources and is inspected, sorted, and stored in our warehouse.

Food is then distributed to our community partners. These partners include pantries, soup kitchens, schools, multi-service centers, and other hunger relief agencies.

Our partners then give out the food directly to those who need it in the community.

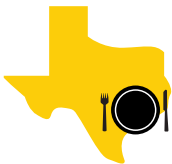
Our mission: food for better lives. Our vision: A world that doesn't need food banks.



Last Year In Review:*

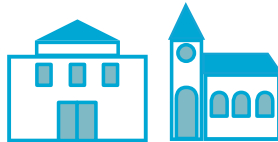
18 Counties

served by
Houston Food Bank



1,600+ Partners

such as food pantries,
soup kitchens, meal sites,
and shelters.



123 Million Meals

of nutritious food
made possible



43% Fresh Produce

out of our total output was
distributed to partners and
the community



82,465

People
volunteered
at least once



18 Million Meals

made possible from
HFB's SNAP (Supplemental
Nutrition Assistance Program)
application assistance



5 Million Meals

provided to kids through
our Backpack Buddy,
Kids Cafe, and School
Market programs



PROGRAMS

In addition to distributing food from our warehouses to our partners, we provide additional programs to better support people in the community and help them achieve long-term stability and exit cycles of poverty.



Backpack Buddy

Nutritious, kid-friendly food is provided for the weekend for at-risk children in schools grades K-12, as well as at summer meal program sites.



Community Assistance Program

Assistance is provided to help community members apply for state-funded social and health services, including SNAP, Medicaid, Children's Medicaid and others.



Food For Change

Food for Change Programs strategically distribute food as a catalyst to motivate clients to participate in partner social service programs with measurable outcomes, such as chronic disease management programs and certain educational courses.



Kids Cafe

Healthy meals and snacks, cooked in our on-site Keegan Kitchen, are given out year-round on weekdays, along with nutrition and health education, to kids at after-school and summer meal sites throughout our service area.



Nutrition Education

Free classes in nutrition, food safety, meal preparation, and budgeting are taught in collaboration with Houston Food Bank partners.



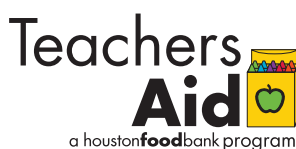
Senior Box Program

A monthly box of food is provided to low income seniors 60 years of age or older.



School Market

School-based markets are located on the grounds of a school to provide an easily accessible source of food assistance to students and their families.



Teachers Aid

Rather than dip into their own incomes, as is all too often the case, teachers from low income schools can get free school supplies through the Teachers Aid program.

For more information or ways to get involved, visit: www.houstonfoodbank.org

Our Mission: Food for better lives
Our Vision: A world that doesn't need food banks

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This institution is an equal opportunity provider