Last year, the Houston Food Bank launched a new vision and mission to accurately represent what we do and where we want to go. Food banking has evolved over the years to further address root causes of hunger. Houston Food Bank provides programs and services aimed at helping families achieve long-term stability including nutrition education, job training, health management, and help with securing state-funded assistance.
18 southeast Texas counties make up our service area

1,500 community partners

- Food Pantries
- Soup Kitchens
- Schools
- Social Service Providers
- Meal Sites
159 million nutritious meals were distributed in Fiscal Year ’20 (July 2019 – June 2020)

Houston Food Bank is currently the largest food bank in the nation, in terms of distribution!
81 million pounds of produce distributed last year
More than 1 million people in our service area are experiencing food insecurity.
Hunger
Uneasy or painful sensation caused by lack of food

Poverty
Insufficient income to meet the basic needs

Food Insecurity
Lack of access to enough food to fuel a regularly healthy life, often due to lack of financial resources

1. United States Department of Agriculture
I don’t know anyone who needs help getting enough food

People who visit food pantries or soup kitchens are too lazy to work

Giving people food doesn’t make a difference – they just come back for more

Obese people who are poor can’t really be hungry
Two-thirds of food insecure families have at least one working adult.

97% of our clients have housing.

20% of people served are age 60 or older.
Many people find themselves having to make **tough choices** between paying for food and for other **basic needs**. **Food assistance** can help people from having to make these **difficult decisions**.

**Tough choices**

- 72% food vs utilities
- 60% food vs rent
- 74% food vs medicine
More Than Just Food

Connections to Disease Prevention and Management Programs

- Job training
- Hot Meals for Kids and Teens
- School Supplies for Teachers
- Food Stamp Application Assistance
- Nutrition Education
Take Action

Volunteer
1 minute = 1 meal

Donate
$10 = 30 meals

Host a food drive

Connect

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Thank you HFB for helping me grow strong best. Healthy food is the