Most Needed Items
Support your southeast Texas neighbors

Most Needed Items
While we at the Houston Food Bank work to respond and assess the extent of the need, you can help by donating most needed items. Your efforts make an enormous difference in the amount and variety of foods we are able to distribute to our neighbors in the Houston area.

- Water
- Crackers
- Granola bars and other protein snacks
- Canned tuna – preferably pull top
- Cereal
- Canned soup and ravioli – preferably pull top

Other Needed Items
- Paper towels
- Toilet paper
- Paper plates/cups/utensils
- Cleaners

Canned Tuna, Salmon, Chicken, Sardines (in water)
Canned Green Vegetables (no salt added)
Canned Fruit (in water or juice)
Canned Beans (no salt added)

For the safety of those we serve, the Houston Food Bank is unable to accept:

- Open packages
- Homemade food items
- Perishable foods
- Baby food
- Items with “expired” dates
- Clothes
- Mattresses
- Furniture

Secure monetary donations can be made at www.houstonfoodbank.org/donatenow
Industry partners can email donateASAP@houstonfoodbank.org

Your support now ensures the Food Bank can continue to respond in times of need. Donations will be used for disaster relief until this year’s needs are met, and any remaining funds will support ongoing hunger-relief efforts in our community.

Funds to also help cover transportation and logistics needs.

A gift of $10 provides 30 meals for a hungry child, senior, or adult