Impact: Fiscal Year 2020

In Houston Food Bank’s 18-county service area, there are more than 1 million food insecure individuals, meaning they cannot afford enough food to fuel a regularly healthy lifestyle. This number skyrocketed to an estimated 2.75 million people during the pandemic in 2020. The impact of the Houston Food Bank extends beyond putting food on the table. We distribute millions of pounds of nutritious food to the community with the goal of not only providing nourishment but also reducing the hardship in making difficult financial choices such as deciding between paying for medicine or paying for groceries. Houston Food Bank also provides programs and services aimed at helping families achieve long-term stability including nutrition education, job training, health management, and help with securing state-funded assistance. In collaboration with the community, we advocate for policy change to increase access to food and further improve the lives of those we serve. With your help, we are providing food for better lives.

FY 2020 Achievements with Your Help:

- 159 million nutritious meals made possible
- 1,500 community partners worked with the food bank to provide food and services to people throughout our 18-county service area
- 92,835 households per week received food assistance on average
- 8 million meals provided to kids through our Backpack Buddy, Kids Cafe, and School Market programs
- 81 million pounds of fresh produce provided
- 16 million SNAP meals accessed through HFB’s SNAP (Supplemental Nutrition Assistance Program) application assistance
- 7,080 nutrition education participants took classes
- 88 million pounds of food and product distributed to the community during the first 4 months of the pandemic in March - June, 2020
- 10,853 teachers received school supplies through Teachers Aid program
- 537,650 hours of volunteer time, equivalent to 258 full-time employees
- 88,061 individual people volunteered

$h10 provides access to 30 meals$