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**Pre-Quiz**

1. Who is hungry in Texas?
	1. A family with one adult working
	2. Teachers
	3. People who do not have a place to live
	4. Your classmates
	5. All of the above
2. Do you know someone who has gone a full weekend without having food?
3. Yes
4. No
5. Don’t know – not sure
6. What does the Houston Food Bank do in the community?
	1. Feeds only homeless people
	2. Gives food to pantries, soup kitchens, churches/other places of worship
	3. Gives money to people so they can buy food
	4. Give out only canned food items to people in need
7. If a parent needs food until their next paycheck, where can they go?
	1. Food Pantry
	2. Soup Kitchen
	3. Houston Food Bank
	4. All of the above
8. How can you help people who don’t have enough food to feed their families?
	1. Start a food drive
	2. Volunteer at pantries/Houston Food Bank
	3. Donate money
	4. All of the above
9. What can happen to a student if he or she can’t get/doesn’t eat nutritious food?
	1. Physical symptoms such headaches and stomachaches
	2. Get tired
	3. Get sick
	4. All of the above
10. Which snack is a healthy option?
	1. Banana and Peanut Butter
	2. Oatmeal cookies
	3. Candy bar
11. Which choice would be a healthy lunch option?
	1. Hamburger
	2. Pizza
	3. Baked Chicken/Vegetables/Pasta

1. Which option is a healthy drink?
	1. Soda
	2. Sweetened coffee drink
	3. Water
2. Which option is a healthier dessert option?
	1. Birthday cake
	2. Ice cream sundae
	3. Chocolate peanut butter fruit dip