Senior Box Program

The Senior Box Program manages the Commodity Supplemental Food Program (CSFP) - a federally-funded national food distribution effort from the United States Department of Agriculture (USDA) that is designed to improve the health and nutrition of income-eligible seniors (60+). Through this program seniors receive a box of non-perishable food (valued at $50) each month, which helps stretch their available grocery dollars.

Who is eligible to apply?

To apply, you must be 60 years old or older; a resident of Harris, Brazoria, Liberty, Walker, Chambers, Fort Bend, Galveston or Montgomery County, and receiving a total household income that is at or below the 130% Federal Poverty Level. The Senior Box Program is currently serving over 11,000 seniors each month.

Where can I apply?

You may apply at any one of our 200 sites. If you are unable to come in person to apply, you may send a representative the necessary documentation listed below. Please call 832-369-9390 for the location nearest to you or go to houstonfoodbank.org for locations and dates.

What do I need to bring to apply?

Proof of ID, such as:

- Driver’s License, Military ID, Veteran ID, Health Card, Identification Card
- Birth Certificate, Baptismal Certificate
- Passport, Refugee Visa

Applicants will be asked to provide age, income, and residency information. Proof is not required.

What will I receive?

One box of food per month with an average retail value of $50, which includes the following commodities provided through the U.S. Department of Agriculture:

- Bottled fruit juice and 2% milk
- Protein (e.g., non-perishable chicken, salmon, tuna chili, stew)
- Non-perishable vegetables/fruit
- Bag of dried beans or jar of peanut butter
- Hot or cold cereal
- Pasta
- Two-pound block of cheese
- Non-fat dry milk

Visit www.houstonfoodbank.org for more information.
A gift of $1 provides 3 meals for a hungry child, senior, or adult.