Houston Food Bank

18 Counties served by Houston Food Bank

1.1 Million food insecure people in our service area

1,500 Partners such as food pantries, soup kitchens, meal sites, and shelters.

104 Million nutritious meals made possible

How A Food Bank Works

Food comes in to Houston Food Bank from various sources and is inspected, sorted, and stored in our warehouse.

Food is then distributed to our community partners. These partners include pantries, soup kitchens, schools, multi-service centers, and other hunger relief agencies.

Our partners then give out the food directly to those who need it in the community.

$10 provides 30 meals

6.5 million meals provided to kids through our Backpack Buddy, Kids Cafe, and School Market programs

84,501 individual people volunteered
In addition to distributing food from our warehouse, we provide additional programs to better support and serve people in the community.

**Backpack Buddy**
Nutritious, kid-friendly food is provided for the weekend for at-risk children in schools grades K-12, as well as at summer meal program sites.

**Kids Cafe**
Healthy meals and snacks, cooked in our on-site Keegan Kitchen, are served year-round on weekdays, along with nutrition and health education, to kids in after-school and summer meal programs throughout our service area.

**School Market**
The School Market Program helps alleviate child hunger in our community by providing food to children and their families. School-based markets are located on the grounds of a school to provide an easily accessible source of food assistance.

**Teachers Aid**
Rather than dip into their own incomes, as is all too often the case, teachers from low income schools can get free school supplies through the Teachers Aid program.

**Nutrition Education**
Classes in nutrition, food safety, meal preparation, and budgeting are taught in collaboration with Houston Food Bank partner agencies.

**Senior Box Program**
Provides a monthly box of food to low income seniors 60 years of age or older.

**Client Assistance Program**
Assistance is provided to help community members apply for state-funded social and health services, including SNAP (food stamps), Medicaid, Children’s Medicaid and others.

**Food For Change**
Food for Change Programs strategically distribute food as a catalyst to motivate clients to participate in partner social service programs with measurable outcomes, such as chronic disease management programs and certain educational courses.

For more information or ways to donate please visit: www.houstonfoodbank.org