

Hunger

The Need

- 865,000 individuals need assistance with food each year in Houston and throughout southeast Texas
- Nearly 900,000 people live in poverty in our 18-county area (15% of the population)
- One in four children in Harris County lives at or below poverty level

The Face of Hunger in Southeast Texas

Of the 153,000 different people who receive food assistance each week:

- Nearly half of households include at least one working adult
- 94% are not homeless
- 47% are children

On **any given day**,
an estimated **53,000** people
are **hungry**

Hard Choices

Hungry families report they must often choose between paying for food and other necessities.

- Food vs. utilities - 62%
- Food vs. rent or mortgage - 50%

Chronic child hunger symptoms

extreme thinness
puffy/swollen skin
dry, cracked lips
chronic sickness
saving or hoarding food
inability to concentrate

Service Area

