

FAQs

How long will it take for me to receive my Food Stamp benefits?

If approved by Texas Health and Human Services, it can take a maximum of 30 days to receive your SNAP funds. If you were interviewed by a Houston Food Bank employee, and it is past the 30 day time frame, please call the Houston Food Bank Hotline, 832-369-9390, for more information regarding your case.

What do I need to sign up for SNAP with the Houston Food Bank?

First, call our Houston Food Bank Hotline, 832-369-9390, to find a worker near you. After setting up an appointment, please bring the following information to apply:

1. The social security card and photo identification card of all household members requesting assistance on the application.
2. Proof of all household income (paycheck stubs or statement from employer, social security income, workers compensation, retirement income, gifts, etc.) received over the past two months.
3. Proof of all household expenses (rent or mortgage payment, utility bills, medical bills, child care support, loans, etc.) paid over the past two months.
4. Proof of resources such as checking or savings account statement.
5. For those requesting medical assistance: U.S. passport or birth certificate for all requesting assistance.

How will I know if I am eligible for SNAP?

The Houston Food Bank does not determine eligibility. You will receive a letter from Texas Health and Human Services of their determination.

I have several unpaid medical bills. Will Medicaid pay for them if I'm eligible for coverage?

Coverage usually begins on the first day of the month in which you applied for benefits. Sometimes Medicaid pays unpaid bills as far back as three months before you applied for coverage or you began receiving SSI benefits.

Can I get Medicaid coverage if I already have health insurance?

Yes, but your other insurer must pay first. Medicaid may pay for things not covered by your other policy.

Can I work and still be eligible for Medicaid?

Yes, certain earnings may not be counted. If you meet the other requirements, it doesn't matter if your income is from a job or other source. If you are elderly or have a disability, \$65 plus one half of the remainder of certain earnings, won't be counted when eligibility is determined.

Call our hotline 832-369-9390 for application assistance.