

Hunger

The Need

- Half a million individuals need assistance with food each year in Houston and throughout southeast Texas
- Nearly 900,000 people live in poverty in our 18-county area (15% of the population)
- One in four children in Harris County lives at or below poverty level

The Face of Hunger in Southeast Texas

Of the 80,000 different people who receive food assistance each week:

- Nearly half of households include at least one working adult
- 85% are not homeless
- 44% are children

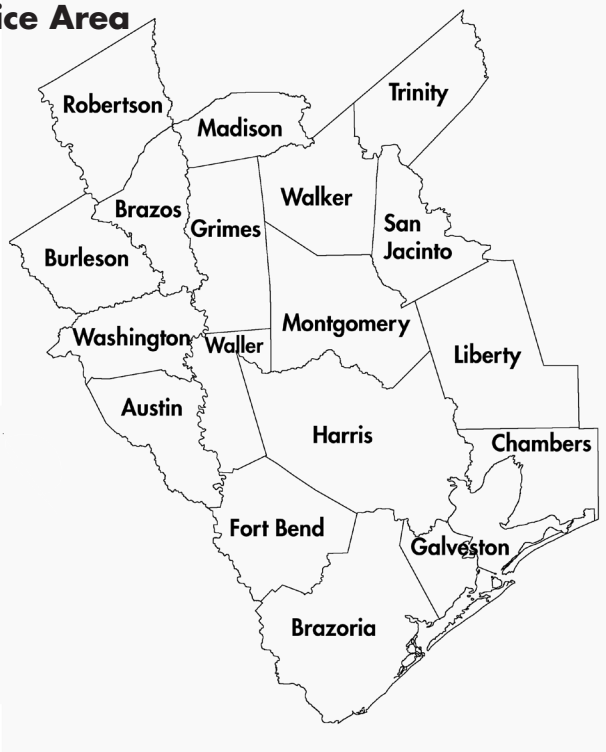
On **any given day**,
an estimated **35,000** people
are **hungry**

Hard Choices

Hungry families report they often must choose between paying for food and other necessities.

- Food vs. utilities - nearly 50 %
- Food vs. rent or mortgage - 43%

Service Area



Chronic child hunger symptoms

extreme thinness
puffy/swollen skin
dry, cracked lips
chronic sickness
saving or hoarding food
inability to concentrate