

Host a Food Drive

factsheet

The Houston Food Bank feeds 800,000 hungry people each year by distributing food through nearly 600 hunger relief agencies in 18 southeast Texas counties.

Hosting a food drive is fun and easy.

1. Register your food drive at houstonfoodbank.org/fooddrive.aspx
2. Pick up food drive supplies (boxes/bins)
3. Start collecting

Most Needed Items

To ensure our neighbors in need get the most nutritious food possible, our Nutrition Services Department recommends the following using the MyPlate nutrition guide to select nutritious, nonperishable foods:

- Canned green vegetables (green beans, spinach, collard greens) no salt added
- Canned tomatoes, no salt added
- Canned beans, no salt added
- Canned tuna, salmon, chicken, sardines
- Canned fruits in water or juice
- Whole grain pasta, quinoa, brown rice
- Salt-free seasonings

For the safety of those we serve, the Houston Food Bank is unable to accept:

- Open packages
- Homemade food items
- Perishable foods
- Baby food
- Items with "expired" dates

Thank you for helping the Houston Food Bank help our community.



This institution is an equal opportunity provider

For more information about food drives please contact Francis Rios, Community Engagement Coordinator at 832-369-9315 or frios@houstonfoodbank.org

A gift of \$1 provides 3 meals for a hungry child, senior, or adult
535 Portwall • Houston, Texas • 77029 • 713 223 3700